Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—12:45 pm Home School Swim 5-17	12:00-1:00 pm Miles Park Ages 18+	12:00—12:45 pm Mound School 5-17	12:00-1:00 pm Water Walking Ages 18+	12:00-1:00 Special Ed LTS	10:00—11:00 Water Walking 18 +
1:00-2:55 pm Adult Open/Lap Swim 18+	1:00-1:55 pm Adult Open/Lap Swim 18+	1:00-2:55 pm Adult Open/Lap Swim 18+	1:00-1:55 pm Adult Open/Lap Swim 18+	1:00-2:00 Water Walking 18+	11:15—12:00 Adult Open Swim 18+
4:00-4:55pm Youth Open Swim 8-17	3:00 pm-4:00 pm Youth Open Swim 8-17	4:00-4:55 pm Youth Open Swim 8-17	3:00 –3:55 pm Youth Open Swim 8-17	3:00- 5:55 Children's Open Swim 8-17	1:00—3:00 Youth Open Swim Ages 8—17
5:00-5:55 pm Learn to Swim 1 & 2 8-17	5:00 pm-6:30 pm Water Basketball Practice	5:00-5:55 pm Learn to Swim 3 &4 8 - 17	5:00—6:30 Water Basket- ball Practice	6:00-7:30 Family Swim All Ages	3:15—5:30 Family Swim All ages with parents & kids
6:00-7:00 pm Aquacise Ages 18+	6:30 pm-7:30 pm Adult Open Swim 18+	6:00-7:00 pm Aquacise Ages 18+	6:45 pm-7:30 pm Adult Open Swim 18+		
7:00-7:30 pm Adult Lap Swim Ages 18 and up		7:00-7:30 pm Adult L.T.S Ages 18 and up	All children 7 years old and under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.		

Basketball House League

Midgets Team	Monday & Wednesday	5:00 — 7:30pm	Ages 8-11		
Jr. Team	Tuesday & Thursday	4:30— 6:30pm	Ages 12-14		
Sr. Team	Monday & Wednesday	3:00—4:00pm	Ages 15-17		
Pee-wee Fundam	ental Friday	6:00—7:00pm	Ages 4—7		
(Travel to Estabrack Bospetian conton)					

(Travel to Estabrook Recreation center)









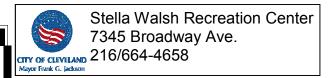




Jr. Girls BK PracticeTBAAges 11– 13Sr. Girls PracticeTBAAges 14–17

Indoor Soccer (Coed)

Boys 8-12 and Girls 8-13 Tues. & Thurs 5:00-7:30pm





<u>Computer Classes</u>

Monday—Friday 12:00-3:00pm 18+
Monday—Friday 3:00—6:00pm 8-17
Wednesday & Friday 4:00-5:00pm 8-17
Monday, Tuesday and Thursday 5:00-6:00pm 8-17

4:00-7:30

Cultural Arts

Friday

Arts & Crafts



Open Computer Lab

Computer Classes

Homework Group

Saturday 10—5:30pm



Hip-Hop Dance/ Cheerleading & Drill

Saturday 11:00- 7:30pm 5-17

Team sessions

Aerobics Monday Wedne

Monday, Wednesday 5:30-6:30 pm 18+

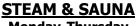
8+

Step Aerobics

Friday 5:30— 7:00pm 18+

Step Aerobics

Tuesday 6:30- 7:30pm



Monday-Thursday 12:00-4:00 pm 5:00-7:20 pm

Friday 12:00-4:00 pm

Saturday 10:00—5:30 Ages 18+

Adult Racquetball

Monday—Friday 12:00— 7:30 18+ Saturday 10—5:30pm 18+

Schedule subject to change without prior notice.