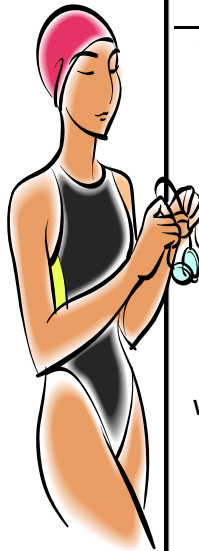


Aquatics Schedule

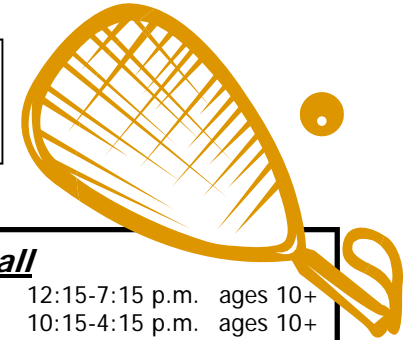


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:00 p.m. Special Needs Ages 13-17	12:00—1:00 p.m. Water Walk Adult	12:00—1:00 p.m. Special Needs Ages 12-15	12:00—1:00 p.m. Water Walk Adult	12:00—1:00 p.m. Special Needs Ages 8-10	10:15-11:15 a.m. Water Walk Adult
1:15-2:15 p.m. Special Needs 12-15	1:15-2:15 p.m. Special Needs Ages 5-7 Adult	1:15-2:15 p.m. School Group Learn to Swim Ages 10-12	1:15-2:15 p.m. Special Needs Ages 9-12	1:00—2:15 p.m. School Group Ages 9-11	11:15-12:15 p.m. Adult Swim 18+
2:30-3:30 p.m. Open Swim Adult	2:30-3:30 p.m. Open Swim Adult	2:30-3:30 p.m. Open Swim Adult	2:30-3:30 p.m. Open Swim Adult	2:30-3:30 p.m. Open Swim Adult	1:15-2:15 p.m. Youth Open Swim 8-17
4:00-5:00pm Water basketball games 8-17	4:30-5:00 p.m. Open Swim Ages 8-17	4:00-5:00p.m. Water basketball games 8-17	4:30-5:00 p.m. Open Swim Ages 8-17	4:30-6:15 p.m. Water basketball games Ages 8-17	2:30-3:30p.m. All Swim All ages
5:15-6:15p.m. Learn to Swim levels I, II, III 8-17	5:00-7:15p.m. Lifeguard Train- ing Ages 15+	5:15-6:15p.m. Learn to Swim levels I,II, III 8-17	5:00-7:15p.m. Lifeguard Training Ages 15+	6:30-7:15 p.m. Family Swim (two children per adult)	4:00-5:15 p.m. Family Swim All Ages
6:15-7:15p.m. Family Aquacise All ages		6:30-7:15p.m. Adult Learn to Swim 18+			

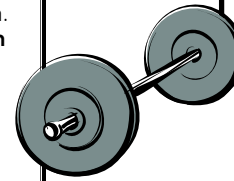
All children under 7 years old and 4 feet tall must be accompanied and supervised in the water by an adult at all times
Two children per adult.



Michael J. Zone Recreation Center
6301 Lorain Ave.
216/664-3373



<u>Racquetball</u>	
Open Racquetball	Monday-Friday 12:15-7:15 p.m. ages 10+
Open Racquetball	Saturdays 10:15-4:15 p.m. ages 10+
<u>Weight Room</u>	
Open Weight Room	Monday- Friday 12:00-7:30 p.m. Adult
Open weight Room	Saturdays 10:00-5:30 p.m. Adult
<u>Game Room</u>	
Open game room	Monday—Friday 12:00-7:30 p.m. All ages
Open game room	Saturday 10:00a.m.-5:30p.m. all ages



Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:30 p.m. Adult Open Gym 18+	12:00-2:30 p.m. Adult Open Gym 18+	12:00-2:30 p.m. Adult Open Gym 18+	12:00-2:30p.m. Adult Open Gym 18+	12:00-1:30 p.m. School Group Ages 8-11	10:30-11:30am Zumba 16+
3:00-4:00 p.m. Open Gym Ages 8-17	3:00—4:00 p.m. Open Gym 8-17	3:00—4:00 p.m. Open Gym 8—17	3:00—4:00pm Open Gym Ages 8-17	1:30-2:30 p.m. School Group Ages 12-15	12:00-1:00pm Peewee Basket- ball Fundamentals Ages 4-7
4:30-6:15 p.m. Midget Basketball House League 8-11	4:30-6:30 p.m. Junior Basketball House League Ages 12-15	4:30—6:15p.m. Midget Basket- ball House League Ages 8-11	4:30-6:30p.m. Junior Basket- ball House League Ages 12-15	3:00-5:00 p.m. Open Gym Ages 8-17	1:15-3:15pm In-house Basketball League Ages 8-15
6:15-7:15 p.m. Zumba 16+	6:45-7:45p.m. Soccer Practice Adult	6:15-7:15p.m. Zumba 16+	6:30-7:30p.m. Boys basketball travel practices 8-15	5:30—7:30 p.m. Midget & Junior Girls Basketball Practice Ages 8-14	4:00-6:00p.m. Adult Soccer 18+

Special Programs

Girls Basketball	Thursday	5:00-7:00 p.m.	11-14
Girls Basketball	Friday	5:00-7:00 p.m.	8-11
Boxing	Monday-Thursday	5:15-7:15 p.m.	8+

Cultural Arts

Coloring/Games	Monday-Friday	4:00—6:00 p.m.	8-17
Praise Dance	Saturday	12:30-2:30 p.m.	8-17
Arts and Crafts	Friday	3:30-7:30 p.m.	8-17



Schedule subject to change without prior notice.