John F. Kennedy Recreation Center
17300 Harvard Ave.
216/664-2572

Aquatics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00 –1:00 PM **Sr. Swim** Ages 50+	12:00– 12:45 PM **Lap Swim** 18+	12:00 –1:00 PM **Sr. Swim** Ages 50+	12:00– 12:45 PM **Lap Swim** 18+	12:00 –1:00 PM **Sr. Swim** Ages 50+	10:00-12:00 PM **Adult Swim** 18+
1:00 –2:00 PM **Open Swim** Ages 18+	1:00 –2:00 PM **School Group**	1:00 –2:00 PM **Open Swim** Ages 18+	1:00 –2:00 PM **School Group**	1:00 –2:00 PM **Open Swim** Ages 18+	1:00-3:00 PM **Youth Swim** 8-17
2:00 –3:00 PM **Lap / Open Swim** Ages 18+	2:00-3:30 PM **Open Swim** Ages 18+	2:00 –3:00 PM **Lap / Open Swim** Ages 18+	2:00-3:30 PM **Open Swim** Ages 18+	2:00 –3:30 PM **Lap / Open Swim** Ages 18+	3:30-5:30PM **Family Swim** 4+
3:00-4:00 PM **Open Swim** Ages 8-17	3:30-5:00 PM **Open Swim** Ages 8-17	3:00-4:00 PM **Open Swim** Ages 8-17	3:30-5:00 PM **Open Swim** Ages 8-17	3:30-5:00 PM **Open Swim** Ages 8-17	
4:00-5:00 PM **Water Basketball** Ages 12-17	5:00-6:00 PM **Swim Lesson** Ages 8-17	4:00—5:00 PM **Water Basketball Practice** Ages 12-17	5:00-6:00 PM **Swim Lesson** Ages 8-17	5:00—6:00 PM **Water Games** Ages 12-17	
5:30 –7:30 PM **Swim Team practice** Ages 8+	6:00-6:45 PM **Aquacise** Ages 18+	5:00 –7:30 PM **Swim Team Practice** Ages 15+	6:00-6:45 PM **Aquacise** Ages 18+	6:00-7:30 PM **Family Swim**	
	6:45—7:30 PM **Adult Learn To Swim** Ages 18+		6:45—7:30 PM **Adult Learn to Swim** Ages 18+		

All children 7 years old and under and less than 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

Our Senior Activities

Floor Aerobic	Monday, Wednesday	10:00-11:00 am
Line Dancing	Friday	12:00- 1:00 pm
Lap Swim	Monday, Wednesday, Friday	12:00- 1:00 pm
Aquacise	Tuesday, Thursday	6:00– 6:45 pm

Flag Football
Monday/Wednesday
5:00-7:30pm

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12-2:00 PM **Open Gym** Ages 18+	12-2:00 PM **School Group** Ages 8+	12-2:00 PM **Open Gym** Ages 18+	12-2:00 PM **School Group** Ages 8+	12-2:00 PM **Open Gym** 18+	10:00-12:00 PM **Open Basketball** 30+
3:00-5:00PM **Open Gym** Ages 8-17	3:00-5:30PM **Open Gym** Ages 8-17	3:00-5:30PM **Open Gym** Ages 8-17	3:00-5:30PM **Open Gym** Ages 8-17	3:00-5:30PM **Youth Open Gym** Ages 8-17	1:00-3:00 PM **Flag Football** 4-7
5:30-7:30 PM **Flag Football** Ages 8-17	5:30-7:30 PM **Volleyball** Ages 8-17	5:30-7:30 PM **Flag Football** Ages 8-17	5:30-7:30 PM **Volleyball** Ages 8-17	6:00-7:30 PM **Pee Wee/Family Night** Ages 4+	3:30-5:30 PM **Open Gym** 8-17

Other Exciting Activities

Step Aerobics	Monday/Wednesday	6:00—7:00 pm
Table Tennis	Tuesday, Thursday	6:00 - 7:30 pm
Fitness Room	Monday—Friday	12:00—7:30 pm
Computer Lab	Friday	

Schedule subject to change without prior notice